



# Earthquake

## Preparedness

In order to be prepared for an emergency, we are asking that you send the following items to school for your child:

- **2 bottles of water**  
Pint-size plastic bottles
- **2 protein foods**  
Examples: jerky, peanuts, peanut butter crackers, mini cans of tuna with an easy-open lid
- **2 carbohydrate foods**  
Examples: granola bars, Handi snacks, fruit rolls, dried fruit
- **1 or 2 snack-sized canned or dried fruit**  
Please pack with a plastic spoon
- **Mylar blanket**  
These silver space blankets are available at Big 5, Sports Authority, or Target
- **A note of comfort to your child;**  
A family photo may also be included
- **All emergency contact information and phone numbers**

Please put the items in a gallon-size Ziploc bag with your child's name on it.

The items will be stored in each classroom and hopefully will never have to be used. The unused supplies will be eaten at an "earthquake party" on the last day of school.

**Earthquakes are unpredictable.  
Please send this pack the first day of school.**